

**Resident, Family, Friend and Responsible Party** **Newsletter – Oct. ‘24**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Lodge Roof Replacement Project**

The Lodge’s roof replacement project continues. This roof replacement project is a major undertaking. It amounts to re-shingling the entire roof (over 50,000 square feet). Work is scheduled to be completed by the end of October.

Zero/Low Odour adhesives are being used to put down the outer roofing layer. Odour is being detected inside when the adhesives are being applied, but we are doing our best to mitigate this through measures such as using charcoal filters on the air intake units on the roof, and by adjusting ventilation through our automated building systems.

If you have any questions about this project, please contact Jeff Turnbull, Lodge Environmental Services Manager, at (519) 245-2520, ext. 6244 (or via email at jturnbull@middlesex.ca).

1. **Cost of Visitor Meals**



Please be advised that the price of purchasing a visitor meal at The Lodge is going up to $9 per meal, effective October 1, 2024.

We have not had a price increase in several years.

Note that there is a three (3)-person visitor limit per resident when requesting a meal.

For more information on visitor meals, please contact Brittany Hodgson, Lodge Food Services Manager, at (519) 245-2520, ext. 6242 (or via email at bhodgson@middlesex.ca).

1. **Strathmere Lodge Choir**



The Lodge would like to organize a Strathmere Lodge Choir, which would comprise Lodge residents and interested adults in the community.

We are seeking musically-inclined individuals who enjoy singing, and who would like to participate in our choir and sing with the residents at Strathmere Lodge on alternate Wednesdays from 6:00 to 6:30 PM.

If you are interested, please contact Barb Thyssen, Lodge Volunteer and Community Coordinator, at (519) 245-2520, ext. 6300 (or via email at bthyssen@middlesex.ca).

1. **Resident Clothing – Seasonal Change**



Now that Autumn is upon us, residents and families are encouraged to review clothing closets and drawers to ensure seasonal attire is appropriate. This is also a good time to streamline what clothing is maintained in closets/drawers, keeping in mind that our clothes laundering process results in quick turnaround times, which minimizes the need to have/store large volumes of clothing.

1. **Free On-line Palliative Care Resources**

Residents and families may wish to avail themselves of free on-line education sessions hosted by the Ontario Centres for Learning, Research & Innovation (CLRI) in Long-term Care. The CLRI is hosting education sessions focused on Palliative Care in Long-term Care. Each session will run from 1:00 to 2:30 PM, and session materials will be provided to registrants. The session schedule is as follows:

* Oct. 31, 2024: Palliative Approach to Care
* Nov. 21, 2024: Navigating & Advocating
* Dec. 12, 2024: Advance Care Planning & Goals of Care Conversations
* Jan. 9, 2025: End-of-Life Nutrition
* Jan. 30, 2025: Talking About Medications
* Feb. 20, 2025: Grief & Bereavement
* Mar. 13, 2025: Caring for Yourself

You can register for these palliative care sessions using the link below.

[Register today](https://advantageontario.informz.ca/z/cjUucD9taT0xNTExNDA0JnA9MSZ1PTkwMDAxMTc4NCZsaT0zNDY4MTY4Ng/index.html) to learn more about these important topics in Long-term Care.

1. **Labelling of Residents’ Clothing**



To prevent missing clothing … This is a reminder that new clothing needs to be labelled with the resident’s name before a resident begins to wear it (this also includes items such as shoes/slippers and personal blankets/throws). Please ensure that you use the Clothing Bin near the main entrance to deposit clothing requiring labelling, after inventorying the clothing items on the form provided at the bin (further instructions are provided at the clothing bin).

For inquiries regarding missing clothing and the like, please contact Jeff Turnbull, Lodge Envirnmental Services Manager, at (519) 245-2520, ext. 6244 (or, via email: jturnbull@middlesex.ca).

1. **Labelling of Other Personal Resident Items**

Apart from clothes labelling noted above, residents/families are encouraged to label other personal resident effects (including new items brought to The Lodge from time-to-time), notably items that are more portable in nature, such as TV remote controls.

1. **In Conclusion ….**

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact Brent Kerwin, Administrator, 519-245-2520, ext. 6222, or via

email at: bkerwin@middlesex.ca).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): <http://www.middlesex.ca/departments/long-term-care>.

Hardcopies of our newsletter are also maintained at our Public Information Board near Reception. Copies of older newsletter editions are compiled in binders at our Reception desk, and are available for your review.

**Brent Kerwin,** Administrator