| Sunday                                                                                               | Monday                                                                                                   | Tuesday                                                                                                                        | Wednesday                                                                                                                     | Thursday                                                                                                                                        | Friday                                                                                                                                     | Saturday                                                                                                                                  |
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|                                                                                                      | R CR                                                                                                     |                                                                                                                                | Hoppy<br>* * New *<br>* Year *                                                                                                | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Monthly Gazette<br>1:30 Ice Cream Cart<br>2:45 Shuffleboard<br>3:15 Helping Hands<br>with Hayley | 9:15 Activity Cart 10:00 Ball Toss 11:00 Tuck Shop Visits 1:25-2:05 Music with Cam 2:30 Elimination Cards                                  | 1:15 Flower Arranging 1:45 Ball Toss 2:30 Shuffleboard 3:00 Calming Colouring                                                             |
| 5                                                                                                    | 6                                                                                                        | 7                                                                                                                              | 8                                                                                                                             |                                                                                                                                                 | 9 10                                                                                                                                       | 11                                                                                                                                        |
|                                                                                                      | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Word Game<br>2:00 Paula & Jermone<br>Entertain-Rose Room  | 9:30 Christmas Clean Up<br>11:00 Short Stories<br>1:30 Bingo<br>2:45 Ipad Visits<br>3:15 Rolls & Strolls<br>with Karen         | Relaxation Day                                                                                                                | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Guggenheimer<br>1:30 Ice Cream Cart<br>2:45 Shuffleboard                                         | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Tuck Shop Visits<br>1:15 Bean Bag Toss<br>2:00 Crafty Corner<br>3:15 Hand Massages & Visits | 9:15 Flower Arranging 10:00 Short Stories 11:00 Helping Hands 1:15 Rolls n Strolls 2:00 Calming Colouring 3:00 Aromatherapy Hand Massages |
| 9:15 Ball Toss                                                                                       | 13                                                                                                       | 14                                                                                                                             | 15                                                                                                                            |                                                                                                                                                 | 16 Wear Your Comfy 17 Onesie Day                                                                                                           | 18                                                                                                                                        |
| 9:45 Helping Hands<br>11:00 Connect 4                                                                | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Finishing Lines<br>1:30 Bingo                             | 9:15 Activity Cart 10:00 Ball Toss 11:00 Let's Make Bread 1:30 Shuffleboard 2:45 Bread & Jam 3:15 Calming Colouring with Riley | 10:00 Ball Toss 11:00 Pet Visits 1:15 Music with the Finlay's 2:15 Elimination Cards 3:30 Strolls & Rolls& Visits With Hayley | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Short Stories<br>1:30 Ice Cream Cart<br>2:45 Dice Game                                           | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Tuck Shop Visits<br>1:30 Balloon Badminton<br>2:45 How Can I Help You?                      | 9:15 Flower Arranging<br>10:00 Name 3<br>11:00 Ball Toss<br>1:30 Elimination Cards<br>2:30 Moves & Grooves<br>& Hand Massages             |
| 9:15 Morning Rolls, Strolls                                                                          | 20                                                                                                       | 21                                                                                                                             | 22                                                                                                                            |                                                                                                                                                 | 23 24                                                                                                                                      | 25                                                                                                                                        |
| & Visits<br>10:00 Crazy 8's                                                                          | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Short Story<br>1:30 Dice Game<br>2:30 How Can I Help You? | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Helping Hands<br>1:30 Painting Craft<br>2:45 Visit with Nancy                   | 10:00 Ball Toss 11:00 Pet Visits 1:15 Music with Jeremy 2:15 Bingo 3:30 Hand Massages & Visits with Riley                     | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Name 3<br>1:30 Ice Cream Cart<br>2:45 Elimination Cards                                          | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Tuck Shop Visits<br>1:30 Shuffleboard<br>2:45 Rolls n Strolls                               | 1:15 Flower Arranging<br>1:45 Name the Tune<br>2:30 Water Colour Painting<br>3:00 Moves & Grooves                                         |
| 26                                                                                                   | 27                                                                                                       | 28                                                                                                                             | 29                                                                                                                            |                                                                                                                                                 | 30 31                                                                                                                                      | <b>4 40 1</b>                                                                                                                             |
| 1:15 Balloon Toss 1:45 Name 3 2:15 Hymn Sing 3:00 Hand Massages & Visits 3:45 Virtual Church Service | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Guggenheimer<br>1:30 Balloon Badminton<br>2:30 1:1 Visit  | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Short Story<br>1:30 Balloon Badminton<br>2:45 Ipad Visits                       | 10:00 Ball Toss<br>11:00 Pet Visits<br>2:00 Happy Hour with Randy<br>Grey -Rose Room<br>3:45 What Can I Do 4 U?               | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Word Game<br>1:30 Ice Cream Cart<br>2:45 BIngo                                                   | 9:15 Activity Cart<br>10:00 Ball Toss<br>11:00 Tuck Shop Visits<br>12:00 Calendar Craze<br>1:30 Dice Game<br>2:45 Walks n Talks            |                                                                                                                                           |

| Sunday                                                                                                                                          | Monday                                                                                                    | Tuesday                                                                                                                      | Wednesday                                                                                                                    | Thursday                                                                                                                                            | Friday                                                                                                                     | Saturday                                                                                                              |
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| Hick                                                                                                                                            | NUARY 20<br>cory Woo<br>ham Mea                                                                           | ds &                                                                                                                         | Tuck Shop Open 10-12  **  **  **  **  **  **  **  **  **                                                                     | 9:30 Zen Retreat-SM 9:30 Power Up 11:00 Manicures-SM 1:30 Ice Cream Cart 2:45 Euchre 6:00 Bingo                                                     | 9:30 Group Exercises<br>10-12 Tuck Shop Open<br>11:00 Manicures-HW<br>2:10-2:50 Music with Cam<br>3:15 Room to Room Visits | 9:30 Flower Arranging -in the Rose Room  11:00 Flower Distribution                                                    |
| 9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3pm Tuck Shop Open 2:00 Church Service -Jermone De Schiffert 2:45 Tuck Shop & 1:1 Visits | 9:30 Zen Retreat-HW<br>9:30 Power Up<br>11:00 Manicures-SM<br>2:00 Paula & Jermone<br>Entertain-Rose Room | 9:30 Group Exercises<br>11:00 Manicures-HW<br>1:30 Bingo<br>2:45 Bingo                                                       | Tuck Shop Open 10-noon  Relaxation  Day                                                                                      | 9:30 Group Exercises 10:45 Resident's Council -in the Chapel 11:00 1:1 Visits with Ana 1:30 Ice Cream Cart 2:45 Euchre 3:30 Manicures-HW 6:00 Bingo | 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Tuck Shop Visits  Christmas Clean-Up All Afternoon                         | 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution 1:30 Art Group-HW 2:45 Art Group-SM                 |
| 9:30 Elimination Cards-HW 11:00 Elimination Cards-SM 1-3pm Tuck Shop Open 2:00 Church Service -Wayne Kent 2:45 Tuck Shop & 1:1 Visits           | 9:30 Zen Retreat-SM<br>9:30 Power Up<br>11:00 Manicures-HW<br>1:30 Bingo<br>2:45 Bingo                    | 9:30 Group Exercises 11:00 Snowman Craft-HW 1:30 Shuffleboard-SM 2:45 Shuffleboard-HW 3:15 Hand Massage & Visits with Hayley | 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Snowman Craft-SM 2:00 Music with The Finlay's 6:00 Bowling -in the Rose Room | 9:30 Zen Retreat-SM 9:30 Power Up 11:00 Brain Games 1:30 Ice Cream Cart 2:45 Euchre 3:30 Online Games with Jess 6:00 Bingo                          | Onesie Day 9:30 Group Exercises                                                                                            | 9:30 Flower Arranging -in the Rose Room 11:00 Flower Distribution 1:30 Balloon Badminton -Rose Room 2:45 Manicures-SM |
| 9:30 Elimination Cards-HW<br>11:00 Elimination Cards-SM<br>1-3pm Tuck Shop Open<br>2:00 Virtual Church Service<br>2:45 Tuck Shop & 1:1 Visits   | 9:30 Zen Retreat-SM<br>9:30 Power Up<br>11:00 Wildcat Chats<br>1:30 Bingo<br>2:45 Bingo                   | 9:30 Group Exercises 11:00 Manicures-SM 1:30 Let's Travel -Destination England 3:45 1:1 Visits with Karen                    | 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 11:00 Manicures-HW 2:00 Music with Jeremy 6:00 Bingo      | 9:30 Zen Retreat-SM 9:30 Power Up 11:00 Word Games 1:30 Ice Cream Cart 2:45 Euchre 4:00 Manicures-HW 6:00 Winter Craft -in the Rose Room            | 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:45 Chinese New Year Celebration                         | 9:30 Flower Arranging -in the Rose Room  11:00 Flower Distribution                                                    |
| 9:30 Big Deal Bingo-HW 11:00 Big Deal Bingo-SM 1-3pm Tuck Shop Open 2:00 Church Service -John Mark Charlton                                     | 9:30 Zen Retreat-SM 9:30 Power Up 11:00 Balloon Badminton 1:30 Bingo 2:45 Bingo                           | 9:30 Group Exercises 11:00 Manicures-HW 1:30 Noodle Hockey 2:45 Crokinole 3:30 Crack the Code with Jessica                   | 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Manicures-SM 2:00 Happy Hour with Randy Grey -Rose Room 6:00 Bingo           | 9:30 Zen Retreat-SM<br>9:30 Power Up<br>11:00 Brain Games<br>1:30 Ice Cream Cart                                                                    | 9:30 Group Exercises<br>10-12 Tuck Shop Open<br>11:00 Calendar Craze<br>1:45 Bowling with Jessica                          |                                                                                                                       |

| Sunday                                                                                                                                                   | Monday                                                                                              | Tuesday                                                                                                                                                  | Wednesday                                                                                                                                                          | Thursday                                                                                                                   | Friday                                                                                                                                  | Saturday                                                                                                                   |
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| PAR                                                                                                                                                      | NUARY 20<br>(VIEW PI<br>RBOUR G                                                                     | LACE                                                                                                                                                     | Tuck Shop Open 10-noon  **  **  **  **  **  **  **  **  **                                                                                                         |                                                                                                                            | 9:30 Friendship Circle-PP<br>9:30 Power Up<br>10-12 Tuck Shop Open<br>11:00 Tuck Shop Visits<br>1:15 Euchre<br>2:55-3:30 Music with Cam | 9:30 Flower Arranging -in the Rose Room 11:00 Short Stories with Riley 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG |
| 9:15 Manicures-AG 11:00 Balloon Badminton with Riley-Rec Room 1-3pm Tuck Shop Open 2:00 Church Service -Jermone De Schiffert 2:45 Tuck Shop & 1:1 Visits | 9:30 Group Exercises<br>11:00 Geezer Guys Gathering<br>2:00 Paula & Jermone<br>Entertain-Rose Room  | 9:30 Friendship Circle-AG 9:30 Power Up 11:00 Manicures-PP  Christmas Clean-Up All Afternoon  3:15 Word Game with Jess 6:00 Bingo                        | Tuck Shop Open 10-noon  Relaxation  Day                                                                                                                            |                                                                                                                            | 9:30 Friendship Circle-PP<br>9:30 Power Up<br>10-12 Tuck Shop Open<br>11:00 Tuck Shop Visits<br>1:30 Bingo-PP<br>2:45 Bingo-AG          | 9:30 Flower Arranging -in the Rose Room 11:00 Manicures-PP 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG             |
| 9:30 Let's Bake 11:00 Short Stories 1-3pm Tuck Shop Open 2:00 Church Service -Wayne Kent 2:15 Teatime with Jess                                          | 9:30 Group Exercises 11:00 Grand-mere Gathering 1:45 Winter Craft-PP 2:45 Winter Craft-AG           | 9:30 Friendship Circle-AG<br>9:30 Power Up<br>11:00 Online Games<br>1:45 Pictionary-Rec Room<br>3:15 Visits with Jess<br>6:00 Bingo                      | 9:30 Group Exercises 10-12 Tuck Shop Open 12:00 Lunch Bunch-AG 1:45 Visits with Bree 2:45 Music with the Finlay's 4:00 Manicures-PP 6:00 Bowling -in the Rose Room |                                                                                                                            | Onesie Day 9:15 Manicures-AG                                                                                                            | 9:30 Flower Arranging -in the Rose Room 11:00 Manicures-AG 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG             |
| 9:30 Manicures-PP 11:00 Balloon Badminton - Rec Room 1-3pm Tuck Shop Open 2:00 Virtual Church Service -in the Chapel 2:15 Crack the Code -Rec Room       | 9:30 Group Exercises<br>11:00 Geezer Guys Gathering<br>1:45 Shuffleboard-PP<br>2:45 Shuffleboard-AG | 9:30 Friendship Circle-PP<br>9:30 Power Up<br>11:00 Portuguese Fellowship                                                                                | 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Catholic Communion 12:00 Lunch Bunch-PP 1:45 Visits with Bree 2:45 Music with Jeremy 4:00 Manicures-PP             | 9:30 Group Exercises<br>11:00 Name that Tune<br>-Rec.Room                                                                  | 9:15 Manicures-AG<br>9:30 Power Up<br>10-12 Tuck Shop Open<br>11:00 The Art of the Dance<br>1:30 Bingo-PP<br>2:45 Bingo-AG              | 9:30 Flower Arranging -in the Rose Room 11:00 Trivia with Karen 1:30 Elimination Cards-PP 2:45 Elimination Cards-AG        |
| 9:30 Visits & Hand Massages 11:00 Name that Tune 1-3pm Tuck Shop Open 2:00 Church Service -John Mark Charlton                                            | 9:30 Group Exercises 11:00 Grand-mere Gathering 1:45 Shuffleboard-PP 2:45 Shuffleboard-AG           | 9:30 Friendship Circle-AG 9:30 Power Up 11:00 Visits & Manicures-AG 1:45 Let's Travel - Destination England 3:30 Balloon Badminton with Riley 6:00 Bingo | 9:30 Group Exercises 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:00 Happy Hour with Randy Grey -Rose Room 3:45 Manicures with Bree-PP                            | 9:30 Group Exercises 11:00 Trivia Time-AG 1:30 Ice Cream Cart 2:45 Euchre 3:30 Manicures-AG 6:00 Curling -in the Rose Room | 9:15 Manicures-PP<br>9:30 Power Up<br>10-12 Tuck Shop Open<br>11:00 Calendar Craze<br>1:30 Bingo-PP<br>2:45 Bingo-AG                    |                                                                                                                            |