

## Health Care and Wellness

- Registered Nurse (R.N.'s) staffing 24 hours daily
- Medical Director and attending physicians
- Foot care
- Whirlpool baths/Shower
- Special care setting for Alzheimer residents
- Respite Care
- Close to Strathroy Middlesex General Hospital
- Relaxed visiting hours



## Activities

A wide variety of individual and group programs are offered by our activation team. They include:

- Music Therapy
- Newspaper Reading
- Happy Hour – Sing-a-longs
- Bowling
- Pet Therapy
- Movies
- Teas
- Barbeques
- Gardening
- Bus Trips
- Picnics
- Manicures
- Card and Board games
- Bible studies
- Bingo



## Dietary Services

Our state of the art kitchen prepares attractive meals tailored to meet each resident's nutritional needs and follows Canada's Food Guide and Ministry standards. Dietary service includes:

- Individual therapeutic diets and nutritional supplements
- Alternate choices at every meal
- Three snacks per day
- Special occasion meals
- Guest dining

## Environmental Services

- All linens and personal clothing are laundered on site
- Seamstress available to label clothing and perform minor alterations
- Housekeeping and maintenance service in accordance with Ministry standards



## Accommodation

- Large Private and Basic (2 bed) rooms with ensuite washrooms
- Self contained home areas of 32 beds
- Attractive dining rooms and lounges
- Rates set by ministry with assistance available for basic accommodation

## Spiritual Services

Services are held each Sunday in our Chapel. Catholic Mass is celebrated weekly. Our chaplain meets the needs of all residents through group and individual programs.



## Volunteers

Strathmere Lodge has many volunteers who participate and assist in our programs. Volunteer involvement is encouraged and is recognized as a vital resource within our Home.



# Strathmere Lodge

*Caring for Seniors in Middlesex*

**Strathmere Lodge**  
599 Albert Street, Box 5000  
Strathroy, Ontario  
N7G 3J3

TEL: 519-245-2520  
FAX: 519-245-5711

Owned and Operated by  
**MIDDLESEX COUNTY**