

**Resident, Family, Friend and Responsible Party** **Newsletter – Sept. ‘17**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Annual Resident/Family Satisfaction Survey**

[](https://www.google.ca/imgres?imgurl=http://www.aasl.ala.org/aaslblog/wp-content/uploads/2014/12/clipart-pencil-survey_Full1.jpg&imgrefurl=http://www.aasl.ala.org/aaslblog/?paged%3D2&docid=0jRZY2FG4TEKIM&tbnid=Z7v2ZXnYi85iyM:&w=276&h=268&ved=0ahUKEwjm0PSCyovLAhWGtIMKHWVzBDEQxiAIAg&iact=c&ictx=1)

Thank you to those of you who have completed/submitted the annual resident/family satisfaction survey.

Shortly, we will summarize/analyze survey input, which we will share with the Residents’ Council and Family Council, and with staff.

A summary of the survey results will be included with next month’s newsletter.

1. **Recreation Calendar / Important Events**

[](https://www.google.ca/imgres?imgurl=http://clipartix.com/wp-content/uploads/2016/04/Free-september-clipart-2.jpg&imgrefurl=http://clipartix.com/september-clip-art-image-6424/&docid=KmgS1dn1KvnKsM&tbnid=WEeAcJTUYcMsIM:&vet=1&w=234&h=208&bih=976&biw=1422&ved=0ahUKEwjB6M_nwujVAhXp1IMKHWA8AcUQMwilASgrMCs&iact=c&ictx=1)Please pick up and check out our monthly Recreation calendar (given to every individual resident, in addition to being available in each Resident Home Area, and on our web page at: <https://www.middlesex.ca/departments/long-term-care/recreation>) for events that you may find of interest and would like to attend.

Our upcoming events for September (in the Rose Room):

1. Saturday, September 2nd, 1:30pm – Leaving Tracks entertains
2. Wednesday, September 6th, 2:00pm – Uptown Dixieland Band entertains
3. Saturday, September 9th, 1:30pm – Music with Randy Grey
4. Friday, September 22nd, 2:00pm – Gary McGill entertains
5. Wednesday, September 27th, 6:30pm – Music with Joel Horvath
6. Friday, September 29th, 2:00pm – Happy Hour with Tony Nother

Also in September, our Annual Alzheimer Coffee Break takes place in the Rose Room on Tuesday, September 19th, 9:30am to 11:30am. This is hosted by our Ladies’ Auxiliary. All residents, family members/friends and staff are invited.

Looking ahead to October, Geri Fashions’ Fall clothing sale will be held in the Rose Room on Wednesday, October 18th, 9:00am to 3:00pm (this includes “adaptive clothing” for applicable residents).

**3. Resident Medications**

[](https://www.google.ca/imgres?imgurl=http://laoblogger.com/images/depression-medication-clipart-5.jpg&imgrefurl=http://laoblogger.com/drugs-in-school-clipart.html&docid=FbihH1D3qidPdM&tbnid=h4E74vMpQpMM2M:&vet=1&w=300&h=230&bih=976&biw=1422&ved=0ahUKEwjqxsD5w-jVAhUkwYMKHc19AvUQMwiVASgAMAA&iact=c&ictx=1)As per our provincial long term care homes legislation, medication, both prescription medication/medicated creams and over-the-counter medication/medicated creams (including such things as vitamins, Voltaren topical cream and Tylenol/Aleve), cannot be maintained in resident rooms. This is a safety measure for all residents.

As well, also as per our provincial legislation, medication, both prescription medication and over-the-counter medication, needs a Physician Order.

And finally, as per our provincial legislation, medication as noted above needs to come from our pharmacy service provider (i.e., Medical Pharmacies), unless our pharmacy service provider is unable to provide the medication.

Please contact Crystal Brooks, Director of Resident Care (ext. 228), with any related questions about medication.

1. **Energy Conservation**

[](https://www.google.ca/imgres?imgurl=https%3A%2F%2Fst.depositphotos.com%2F1007168%2F2943%2Fi%2F950%2Fdepositphotos_29435617-stock-photo-light-bulb-cartoon-mascot-character.jpg&imgrefurl=https%3A%2F%2Fcn.depositphotos.com%2F29435617%2Fstock-photo-light-bulb-cartoon-mascot-character.html&docid=s-iNQnaKHRdUNM&tbnid=gtptEVULhzs8-M%3A&vet=1&w=1023&h=943&bih=878&biw=1280&ved=0ahUKEwjBgLudiP3VAhUh34MKHRF9B94QxiAIGigF&iact=c&ictx=1)We have just completed a lighting retrofit in our central areas of the Home (i.e., our support service areas in the basement, including our Kitchen and Laundry, the Rose Room/Chapel area on the main floor, and the common area on our second floor, including the exercise room and hair salon).

This is the second phase of a four phase plan to save on electricity costs, so we can optimize our funding going towards direct resident care/service.

Residents and families are encouraged to contribute to our energy saving efforts by turning off resident room lights and appliances (e.g., radios and televisions) when not in resident rooms.

Please contact John Fournier, Environmental Services Manager (ext. 244), for more information on our energy saving efforts.

**5. In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our web page: <http://www.middlesex.ca/departments/long-term-care>

Electronic back copies of our newsletter can be found on our web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition at our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Website, County Council, Staff, Other Stakeholderst