

**Resident, Family, Friend and Responsible Party** **Newsletter – May ‘19**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **Annual Quality Improvement Plan**



As required of all provincial long term care homes, hospitals and other health service providers annually, the Strathmere Lodge Annual Quality Improvement Plan (for the period April 1, 2019 to March 31, 2020) has been submitted to Health Quality Ontario (HQO) following approval by Middlesex County Council on March 26, 2019.

After reviewing comparative provincial data on long term care homes, The Lodge’s Quality Improvement Committee selected **Pain Management** and **Pressure Injuries** as The Lodge’s two (2) Improvement focus areas for 2019-2020, as The Lodge compares less favourably to the provincial long term care home average in these 2 areas.

The Lodge’s Quality Improvement Plan is posted in the Reception area, and in the five (5) Resident Home Areas. It will also be discussed at upcoming Lodge meetings (Residents’ Council and Family Council), and in the staff newsletter.

Quality Improvement Plans for all applicable provincial organizations, including The Lodge, can be found on the provincial HQO website at: <https://qipnavigator.hqontario.ca/Resources/PostedQIPs.aspx>

1. **Recreation Calendar / Important Events**



Please pick up and check out our monthly Recreation calendar (given to every individual resident, in addition to being available in each Resident Home Area, and on our [web page](https://www.middlesex.ca/departments/long-term-care/recreation) at: https://www.middlesex.ca/departments/long-term-care/recreation) for events that you may find of interest and would like to attend.

Our upcoming events for May (in the Rose Room, unless otherwise indicated):

1. Wednesday, May 1st, 2:00pm – Music with Joan Spalding
2. Friday, May 3rd, 2:00pm – Performance by “Nostalgic Theatre”
3. Friday, May 10th, 2:00pm – Mothers & Others Tea with Randy Gray
4. Wednesday, May 15th, 2:00pm – Music with Gospel Express
5. Friday, May 17th, 2:00pm – The Goldies entertain
6. Friday, May 24th, 2:00pm – Music with Tony Nother
7. Friday, May 31st, 2:00pm – Happy Hour with Gary McGill
8. **Residents’ Spring/Summer Menu is Coming**



Following Residents’ Council review at its April meeting, the Spring/Summer menu will be introduced on May 12, 2019.

In keeping with provincial Long Term Care Home legislation, The Lodge does menu planning twice yearly, and such that:

1. We have a Spring/Summer menu and a Fall/Winter menu;
2. The menu cycle is 21 days long (i.e., different meals are served every day for three weeks at a time);
3. The menu provides for regular, therapeutic and texture modified diets for both meals and snacks (e.g., for those with diet restrictions);
4. The menu includes alternative choices of entrees, vegetables and desserts at lunch and dinner;
5. The menu includes alternative beverage choices at meals and snacks;
6. The menu is approved by our Registered Dietitian (RD); and
7. The menu provides for a variety of foods, including fresh seasonal foods as available, each day from all food groups in keeping with Canada’s Food Guide.

For more information about resident food and/or our Food Services Department, please contact Lesleigh Morden, Food Services Manager (519-245-2520, ext. 6242, or lmorden@middlesex.ca).

1. **Next Family Council Meeting**

This group of involved and caring friends and family members meets on a regular basis to share information and discuss common issues. The next meeting is scheduled for Monday, May 6, 2019, at 1:30pm, in the Conference Room (2nd floor). Lesleigh Morden, Food Services Manager, will be in attendance to discuss the residents’ menu and all things food-related.

All family and friends of residents of Strathmere Lodge are welcome to attend. No pre-registration is necessary.

For more information, please contact Marcy Welch (519-245-2520, ext. 6226, or mwelch@middlesex.ca).

Minutes of the most recent Family Council meeting are posted on the family information board in the Rose Room (near the Chapel), and previous minutes are available for review at our Reception desk.

1. **Labelling of Residents’ Personal Items**



This is a reminder that new clothing needs to be labelled with the resident’s name before residents begin to wear it.

One of the ways clothing will go missing is if a resident wears new clothing before it gets labelled. In this case, if new clothing gets into our laundry system without a resident name on it, it becomes difficult, if not impossible, to trace it back to its rightful owner.

It is also a good idea to label other personal effects brought in to The Lodge (e.g., photographs, books/magazines, watering cans), as there are occasions where personal effects find their way outside of a resident’s room, whereupon it becomes difficult to trace such items back to their rightful owner without an associated name.

1. **In Conclusion ….**



Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 6222, or via email at: bkerwin@middlesex.ca).

Please share a copy of this newsletter with other family members and friends, or direct them to our [web page](http://www.middlesex.ca/departments/long-term-care): http://www.middlesex.ca/departments/long-term-care

Electronic back copies of our newsletter can be found on our web page. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Website, County Council, Staff, Other Stakeholderst