

**Resident, Family, Friend and Responsible Party** **Newsletter – Nov. ‘16**

Dear Strathmere Lodge residents, family members, friends/responsible parties:

1. **TV Service in Resident Rooms**

[](https://www.google.ca/imgres?imgurl=http://www.clipartlord.com/wp-content/uploads/2016/06/television30.png&imgrefurl=http://www.clipartlord.com/category/home-clip-art/appliances-clip-art/television-clip-art/&docid=NbeZ6osWtieQbM&tbnid=G3FgEPfijWgA6M:&w=1234&h=1280&bih=855&biw=1280&ved=0ahUKEwi1k8W_-_PPAhWIz4MKHQkrCHcQxiAIAg&iact=c&ictx=1)Thank you to those who responded to feedback sought about TV service in resident rooms.

For a few months now, we have been reviewing resident TV service options given concerns raised about the cost of the current TV package offered via “Hospitality Network”, a third party provider of TV services to hospitals and long term care homes.

From your feedback, and that received at Residents’ Council and Family Council meetings, we compiled a list of “must have” channels that could be offered in an affordable TV package.

I am pleased to advise you that through a local TV service provider, “Stubbs Communications”, we are now able to offer a revised TV package at a much better monthly rate - $39.62 (+ HST), versus the current TV package, due to go up in price in January to $66.27 (+ HST) monthly.

The revised TV package contains the following channels (and a scrolling TV guide):

|  |  |  |
| --- | --- | --- |
| CTV London | NBC | Weather Network |
| CBC | CBS | Food Network |
| Global | ABC | Turner Classic Movies |
| City (Toronto) | Fox | TSN (Sports) |
| CHCH (Hamilton) | PBS | SportsNet |
| OMNI 1  (multi-cultural) | WGN  (Chicago) | Salt & Light  (religion-based) |
| TVOntario | KTLA  (Los Angeles) | YES TV  (religion-based) |

The target date to convert to the new TV package is January 3, 2017. The conversion will done with little disruption to current TV subscribers. We will convert existing TV subscribers to the new TV package, unless you advise us that you no longer want TV service. Conversely, for those who do not currently have TV service, you may want to take advantage of this much better TV service price and sign-up by letting us know that you are interested.

1. **Improvements Made – Landfill Diversion**



At Strathmere Lodge, we strive to be good stewards of the environment, and seek ways to reduce, reuse and recycle.

We have recently enhanced our internal collection system of food packaging waste so as to divert more waste from landfill to recycling efforts.

1. **Recreation Calendar / Important Events**



Please pick up and check out our monthly Recreation calendar (given to every individual resident, in addition to being available in each Resident Home Area, and on our website at: <https://www.middlesex.ca/departments/long-term-care/recreation>) for events that you may find of interest and would like to attend.

Our upcoming Special Events for December:

1. Saturday, December 3rd at 9:30am to 1:00pm – Annual Ladies’ Auxiliary Christmas Bazaar & Craft Sale
2. Tuesday, December 6th at 2:00pm – Christmas Sing-a-long with Susie Q
3. Saturday, December 10th at 1:30pm – Joel Horvath entertains
4. Monday, December 12th at 6:30pm – The Peirce Band entertains
5. Wednesday, December 14th at 2:00pm – Music with Rand Grey
6. Saturday, December 17th at 1:30pm – Tony Nother entertains
7. Monday, December 19th at 2:00pm – The Goldies entertain
8. Wednesday, December 21st at 2:00pm – Annual Christmas Parade
9. Wednesday, December 21st at 6:30pm – Music with John Berkmortel
10. Tuesday, December 27th at 2:00pm – Joan Spalding entertains
11. Friday, December 30th at 2:00pm – Pre-New Year’s Eve Happy Hour

Family and friends are always welcome to join us for Recreation programs that take place at the Lodge.

1. **Donation to Our Chapel**

[](https://www.google.ca/imgres?imgurl=http://www.todosinstrumentosmusicais.com.br/wp-content/uploads/2013/06/%C3%93rg%C3%A3o-Eletr%C3%B4nico-1.jpg&imgrefurl=http://www.todosinstrumentosmusicais.com.br/&docid=hmCTaxw8sJ24qM&tbnid=-95JELsiVN1cMM:&vet=1&w=512&h=625&bih=855&biw=1280)We would like to acknowledge the generous donation by Nellie Jonkman-Van Arragon in memory of her husband Clare.

Nellie has donated an organ for our Chapel. A big Thank You to Nellie, and to Jerry and Marianne Kingma for making this possible.

1. **Annual Influenza (Flu) Shot - Reminder**

[](https://www.google.ca/imgres?imgurl=https://germguy.files.wordpress.com/2015/01/get-your-flu-shot.jpg?w%3D736&imgrefurl=https://germguy.wordpress.com/2015/01/04/experiments-in-scipop-of-flu-vaccines-and-nhl-teams/&docid=wBUJ46jzVkg2TM&tbnid=KrqG680bDUVtDM:&w=210&h=259&bih=855&biw=1280&ved=0ahUKEwjo--m1zPPPAhUJPz4KHWkGAe0QxiAIAg&iact=c&ictx=1)

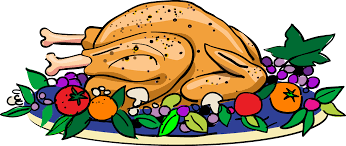
It is that time of year again…

Family members/friends/visitors are asked to obtain the annual flu shot (via family physician office, pharmacy, clinic) in order to protect the health of our residents.

The flu can lead to complications such as pneumonia, hospitalization, and worse, especially among the elderly and those with long term health issues.

Please pass this information along to other family members/friends/visitors who do not receive this newsletter mailing.

1. **Annual Family Christmas Meal - Reminder**

[](https://www.google.ca/imgres?imgurl=http://images.clipartpanda.com/roast-clipart-4ibK6dxbT.png&imgrefurl=http://www.clipartpanda.com/categories/turkey-dinner-clipart&docid=LfgKlXQF9eanjM&tbnid=vEL9sVuMdxlsZM:&w=1740&h=735&bih=855&biw=1280&ved=0ahUKEwip_p_W5fPPAhUh74MKHW67C2wQxiAIAg&iact=c&ictx=1)

For those of you who would like to partake in a Christmas meal with your loved one, please note that our Annual Family Christmas Meal (lunch or supper) is taking place on Wednesday, December 7, 2016.

For more information on the Christmas Meal (including price and menu), please contact Reception (519-245-2520).

Bookings are taken on a first come-first served basis (space is limited).

1. [](http://www.google.ca/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAMQjRxqFQoTCMrB__3ehcgCFZO2gAodK0IAOQ&url=http://www.seton.com/universal-graphic-signs-and-labels-caution-m7459.html&psig=AFQjCNFRAfvITa8WGSYYhsvdB-jXywxqwQ&ust=1442842951544088)

**7. In Conclusion ….**

[](https://www.google.ca/imgres?imgurl=http://cdn.grid.fotosearch.com/CSP/CSP994/k16311669.jpg&imgrefurl=http://www.fotosearch.com/clip-art/book-end.html&docid=VKKKK_-pYepByM&tbnid=jE0epHvfJrbOgM:&w=180&h=180&ved=0ahUKEwigwsO5_IvLAhWjnYMKHScKCjgQxiAIAg&iact=c&ictx=1)

Please let me know if you would like to see certain issues addressed in future newsletter editions (contact me at 519-245-2520, ext. 222, or via email at: [bkerwin@middlesex.ca](mailto:bkerwin@middlesex.ca)).

Please share a copy of this newsletter with other family members and friends, or direct them to our website: <http://www.middlesex.ca/departments/long-term-care>

Electronic back copies of our newsletter can be found on our website. Hard copies are compiled in binders at both our Reception desk and the staff lounge, and are available for your review.

You can find additional copies of this newsletter edition on our Public Information Board in the main lobby (near the Chapel).

**Brent Kerwin,**

Administrator

Distribution: Responsible Parties, Auxiliary, Information Board, Resident Home Areas (5), Website, County Council, Staff, Other Stakeholderst