

Grief Support

It is impossible to comprehend the intense anguish of loss—until death comes to someone you love. Professional counseling is available and free of cost, through a referral to an outside agency. Inquires will be directed to the palliative care team.

Memorial Lamp

The Strathmere Lodge memorial lamp will be turned on at the time of a resident's death and remain on for 72 hours. This will allow residents, family and friends, as well as staff to honour and remember the person who has died. A recent photo will be placed with the lamp.

Further inquires of this program can be directed to the Strathmere Lodge Chaplain by phone at 519-245-2520 ext. 6223



When we have done all the work we were sent to do ~ We are allowed to shed out body ~ which imprisons our soul like a cocoon encloses the future butterfly ~ and when the time is right we can let go of it, and we will be free of pain, free of fears and worries ~ free as a very beautiful butterfly returning home to God. Which is a place where we are never alone ~ where we continue to grow and dance, where we are with those we loved (who shed their cocoons earlier) and where we can surround ourselves with more love than you can ever imagine.

By: Dr. Elizabeth Kubler-Ross



Strathmere Lodge

Palliative Care Services



Information for Family and Friends



Palliative Care

“Palliative Care is a program of active compassionate care primarily directed toward improving the quality of life for the dying” Health and Welfare Canada

“Care” in palliative care is never static. It is always changing as the person’s needs and expectations change.

Palliative Care Team

Interdisciplinary team working together to support and care for the resident and family. Pain will be assessed, and re-evaluated as needed, with staff acting as the resident’s advocate to ensure the best possible management

Understanding Palliative Care

Palliative care provides comfort and support to individuals and families, who are living with or dying from a progressive life threatening illness. The focus is on meeting the physical, emotional, psychological and spiritual needs of the person and the family. The use of medications and treatments help to relieve the discomfort caused by the symptoms of the disease.

Palliative care provides care to both the person and his/her family and loved ones. The focus is on the person, not the disease.

Information about the person’s illness is provided in as much detail as wanted by the person and in a supportive manner. The person and family are encouraged to be involved in the decisions concerning treatment and care.

When further treatment is aimed at maintaining the best quality of life, palliative expertise can help. Most people find that their quality of life is improved once symptoms and suffering have been reduced.

When Does Palliative Care Begin?

When Doctors say no more can be done , palliative care says there is much that can and should be done, to improve quality of life and maintain dignity in the face of advancing disease. Palliative care is available to all residents and their families during the course of their stay at Strathmere Lodge.

Where is Palliative Care Provided?

Personal care is provided in residents own room. When hopes have been refocused to physical comfort and quality time with family and friends, the resident may choose to relocate to the palliative care suite for added comfort and privacy.

