

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



JANUARY 2022



2	3	4	5	6	7	8
10-12 Tuck Shop Open 2:45 Church Service-HW 3:15 Church Service-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 Manicures-SM 1:45 Craft with Kristie-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 What Can I Do for U-HW 1:30 Christmas Clean-up 6:30 Darts & Donuts-Rose Room	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10:30 Epiphany-HW 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Chaplain Visits-HW 2:45 Finlay Band Entertains-SM 6:30 Bingo on HW	9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:30 Euchre 6:30 Guess the Word -Rose Room	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Sparkling Specs-HW 1:30 Shuffleboard-HW 2:30 Shuffleboard-SM	1:30 Art with Kristie-SM 3:00 Short Stories-HW
9	10	11	12	13	14	15
9:15 Coffee & Conversation -on HW 10-12 Tuck Shop Open 2:45 Church Service-HW 3:15 Church Service-SM	9:15 Power Up-HW 10:00 Power Up-SM 11:00 Manicures-HW 1:30 Stories from the Heart-HW 2:45 Stories from the Heart-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 What Can I Do for U-SM 1:30 Happy Hour -HW 2:45 Happy Hour-SM 6:30 Winter Wheel of Fortune -in the Rose Room	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 10:30 Catholic Mass-HW 11:00 Tuck Shop Visits 1:30 Chaplain Visits-SM 2:45 Music with Jeremy-HW	9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:30 Euchre 6:30 Bowling-in the Rose Room	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Sparkling Specs-SM 1:30 Shuffleboard-HW 2:30 Shuffleboard-SM	9:15 Flower Arranging-SM 11:00 Rolls n Strolls-HW
16	17	18	19	20	21	22
9:15 Elimination Cards-HW 11:00 Elimination Cards-SM 10-12 Tuck Shop Open 2:45 Church Service-HW 3:15 Church Service-SM	9:15 Power Up-HW 10:00 Power Up-SM 11:00 Manicures-SM 1:30 Hot Chocolate & Chat-HW 2:30 Hot Chocolate & Chat-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 What Can I Do for U-HW 2:45 Music with Blue Skies-SM 6:30 Curling-in the Rose Room	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 1:30 Bingo-HW 2:45 Bingo -SM 3:30 Chaplain Hours-HW 6:30 Games Galore-Rose Room	9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 11:00 Resident Council Meeting 1:30 Ice Cream Cart 2:30 Euchre	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Sparkling Specs-HW 1:30 Shuffleboard-HW 2:30 Shuffleboard-SM	1:30 Art with Kristie 3:00 Short Stories-HW
23	24	25	26	27	28	29
9:15 Colouring Group-SM 10-12 Tuck Shop Open 2:45 Church Service-HW 3:15 Church Service-SM 6:00 Chaplain Time-HW	9:15 Power Up-HW 10:00 Power Up-SM 11:00 Manicures-HW 1:30 Elimination Cards-HW 2:30 Elimination Cards-SM	9:15 Group Exercises-HW 10:00 Group Exercises-SM 11:00 What Can I Do for U-SM 1:30 Name 10-HW 2:30 Name 10-SM 6:30 Fact or Fiction-Rose Room	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Tuck Shop Visits 2:45 Music with Martin-HW 6:30 Hot Chocolate Social -in the Rose Room	9:15 Power Up-HW 9:45 Flex the Brain-HW 10:00 Power Up-SM 10:30 Flex the Brain-SM 1:30 Ice Cream Cart 2:30 Euchre	9:15 Group Exercises-HW 10:00 Group Exercises-SM 10-12 Tuck Shop Open 11:00 Sparkling Specs-SM 2:45 Music with Cam-SM	9:15 Flower Arranging-SM 11:00 Rolls n Strolls-HW
30	31	SYDENHAM MEADOWS & HICKORY WOODS				
9:15 Big Deal Bingo-HW 11:00 Big Deal Bingo-SM 10-12 Tuck Shop Open 2:45 Church Service-HW 3:15 Church Service-SM 6:00 Chaplain Time-SM	9:15 Power Up-HW 10:00 Power Up-SM 11:00 Manicures-SM 1:30 Bingo-HW 2:30 Bingo-SM					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



JANUARY 2022



<p>2</p> <p>9:15 Balloon Toss 10:00 Helping Others 10:45 Flower Arranging 3:45 Church Service</p>	<p>3</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Dice Game 1:30 Bingo 2:45 Ipad & 1:1 Visits</p>	<p>4</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Guggenheimer 1:45 Shuffleboard 3:00 One to One Visits 4:00 Walks & Talks</p>	<p>5</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Word Wednesday 1:15 Music with the Finlays 4:00 One to One Visits</p>	<p>6</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Thinking Thursday 1:30 Ice Cream Cart 2:30 Crazy Eights 3:45 Rolls n Strolls</p>	<p>7</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Sing-a-long 1:45 Elimination Cards 3:00 One to One Visits</p>	<p>8</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:00 Finishing Lines 1:15 Flower Arranging 2:00 Shuffleboard 3:00 Ipad & 1:1 Visits</p>
<p>9</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:00 Making Bread 1:15 Trivia Time 2:15 Homemade Bread & Jam 3:00 One to One Visits 3:45 Church Service</p>	<p>10</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Dice Game 1:45 Water Colour 3:00 One to One Visits</p>	<p>11</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Guggenheimer 1:45 Shuffleboard 3:00 One to One Music Visits 4:00 Walks & Talks</p>	<p>12</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Word Wednesday 1:15 Music with Jeremy 2:00 Refreshments & Visits 4:00 Rolls n Strolls</p>	<p>13</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Thinking Thursday 1:30 Ice Cream Cart 2:30 Crazy Eights 3:45 One to One Visits</p>	<p>14</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Sing-a-long 1:45 Elimination Cards 3:00 One to One Visits</p>	<p>15</p> <p>Exercises & Ball Toss Helping Others</p> <p>11:00 Shuffleboard 1:15 Flower Arranging 2:00 Art with Kali 3:00 1:1 Visits</p>
<p>16</p> <p>Exercises & Ball Toss Helping Others</p> <p>11:00 Tuck Shop Visits 1:30 Card Games 2:15 Ipad & 1:1 Visits 3:45 Church Service</p>	<p>17</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Crazy Eights 1:45 Decorate Cupcakes 3:00 One to One Music Visits</p>	<p>18</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Guggenheimer 1:15 Music with Blue Skies 2:00 Refreshments & Visits 4:00 Rolls n Strolls</p>	<p>19</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>10:30 Chaplain Visits 11:15 Word Wednesday 1:45 Crokinole 3:00 One to One Visits 4:00 Ipad Visits</p>	<p>20</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Thinking Thursday 1:30 Ice Cream Cart 3:00 One to One Music Visits 3:45 Balloon Toss</p>	<p>21</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Sing-a-long 1:45 Elimination Cards 3:00 One to One Visits</p>	<p>22</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:00 Finishing Lines 1:15 Flower Arranging 2:00 Shuffleboard 3:00 Ipad & 1:1 Visits</p>
<p>23</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:00 Making Bread 1:15 Horserace Game 2:15 Homemade Bread & Jam 3:00 One to One Visits 3:45 Church Service</p>	<p>24</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Dice Game 1:45 Water Colour 3:00 One to One Visits</p>	<p>25</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Guggenheimer 1:45 Shuffleboard 3:00 One to One Music Visits 3:45 Walks n Talks</p>	<p>26</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Word Wednesday 1:15 Music with Martin 2:00 Refreshments & Visits 3:00 Chaplain Visits 4:00 Ipad Visits</p>	<p>27</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Thinking Thursday 1:30 Ice Cream Cart 3:00 One to One Music Visits</p>	<p>28</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Sing-a-long 1:15 Music with Cam 2:00 Refreshments & Visits</p>	<p>29</p> <p>Exercises & Ball Toss Helping Others</p> <p>11:00 Shuffleboard 1:15 Flower Arranging 2:00 Cookie Decorating 3:00 1:1 Visits</p>
<p>30</p> <p>Exercises & Ball Toss Helping Others</p> <p>11:00 Tuck Shop Visits 1:30 Elimination Cards 2:15 Ipad & 1:1 Visits 3:45 Church Service</p>	<p>31</p> <p>Balance Exercises Activity Cart Helping Others</p> <p>11:15 Crazy Eights 1:45 Crokinole 3:00 One to One Music Visits</p>	 <h1>BEAR CREEK</h1> 				

Sunday

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Wednesday

Thursday

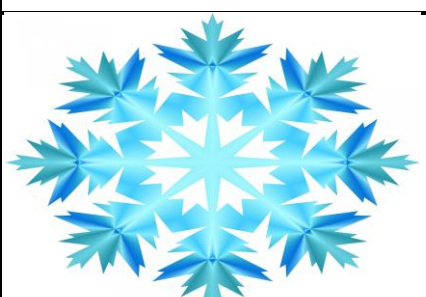
Friday

Saturday



JANUARY 2022



2	3	4	5	6	7	8	
10-12 Tuck Shop Open 1:45 Church Service-PP 2:15 Church Service-AG 6:00 Epiphany-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Manicures-AG 1:30 Shuffleboard-PP 2:30 Shuffleboard-AG	9:15 Power Up –PP 9:45 Finishing Lines-PP 10:00 Power Up-AG 10:30 Finishing Lines-AG 1:30 Christmas Clean-Up 6:30 Darts & Donuts-Rose Room	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 1:1 Visits 2:00 Finlay Band Entertains-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 1:1 Visits 1:30 Ice Cream Cart 2:30 Euchre 6:30 Guess the Word -Rose Room	9:15 Power Up-PP 9:45 News & Views-PP 10:00 Power Up -AG 10:30 News & Views-AG 10-12 Tuck Shop Open 1:45 Trivia Time- PP	9:15 Flower Arranging-PP 11:00 What are they Thinking-AG	
9	10	11	12	13	14	15	
11:00 Old Wives Tales-AG 10-12 Tuck Shop Open 1:45 Church Service-PP 2:15 Church Service-AG 6:00 Chaplain Time-PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Manicures-AG 1:30 Shuffleboard-PP 2:30 Shuffleboard-AG	9:15 Power Up –PP 9:45 Old Wives Tales-PP 10:00 Power Up-AG 10:30 Old Wives Tales-AG 1:30 Happy Hour -PP 2:45 Happy Hour-AG 6:30 Winter Wheel of Fortune -in the Rose Room	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 1:1 Visits 2:00 Music with Jeremy-AG 3:00 Chaplain Visits-PP 6:30 Bingo on PP	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 1:1 Visits 1:30 Ice Cream Cart 2:30 Euchre 6:30 Bowling-in the Rose Room	9:15 Power Up-PP 9:45 News & Views-PP 10:00 Power Up -AG 10:30 News & Views-AG 10-12 Tuck Shop Open 1:45 Trivia Time- PP	1:30 Elimination Cards-PP 2:45 Elimination Cards-AG	
16	17	18	19	20	21	22	
10-12 Tuck Shop Open 1:45 Church Service-PP 2:15 Church Service-AG 6:00 Chaplain Time-AG	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Manicures-PP 1:30 Shuffleboard-PP 2:30 Shuffleboard-AG	9:15 Power Up –PP 9:45 Finishing Lines-PP 10:00 Power Up-AG 10:30 Finishing Lines-AG 2:00 Music with Blue Skies-PP 6:30 Curling-in the Rose Room	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10-12 Tuck Shop Open 11:00 Resident Council Meeting 11:00 1:1 Visits 1:30 Chaplain Visits-AG 1:30 Stories from the Heart-PP 2:30 Stories from the Heart-AG 6:30 Games Galore-Rose Room	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 1:1 Visits 1:30 Ice Cream Cart 2:30 Euchre 6:30 Bingo on AG	9:15 Power Up-PP 9:45 News & Views-PP 10:00 Power Up -AG 10:30 News & Views-AG 10-12 Tuck Shop Open 1:45 Trivia Time- PP	9:15 Flower Arranging-PP 11:00 Words of Wisdom-AG	
23	24	25	26	27	28	29	
11:00 Word Game-PP 10-12 Tuck Shop Open 1:45 Church Service-PP 2:15 Church Service-AG	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Manicures-AG 1:30 Shuffleboard-PP 2:30 Shuffleboard-AG	9:15 Power Up –PP 9:45 Old Wives Tales-PP 10:00 Power Up-AG 10:30 Old Wives Tales-AG 1:45 Elimination Cards-PP 6:30 Fact or Fiction-Rose Room	9:15 Group Exercises-PP 10:00 Group Exercises-AG 10:30 Chaplain Hour-PP 10-12 Tuck Shop Open 11:00 1:1 Visits 2:00 Music with Martin-AG 6:30 Hot Chocolate Social -in the Rose Room	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 1:1 Visits 1:30 Ice Cream Cart 2:30 Euchre	9:15 Power Up-PP 9:45 News & Views-PP 10:00 Power Up -AG 10:30 News & Views-AG 10-12 Tuck Shop Open 2:00 Music with Cam-PP	1:30 Big Deal Bingo-PP 2:45 Elimination Cards-AG	
30	31					PARKVIEW PLACE & ARBOUR GLEN	
10-12 Tuck Shop Open 1:45 Church Service-PP 2:15 Church Service-AG	9:15 Group Exercises-PP 10:00 Group Exercises-AG 11:00 Manicures-PP 1:30 Shuffleboard-PP 2:30 Shuffleboard-AG					